I RUN WITH NUNS

SATURDAY, OCTOBER 1, 2022

THE URSULINE CENTER 4280 SHIELDS ROAD, CANFIELD, OH 44406



KIDS RUN_{815AM}

1 MILE WALK 830AM

5K_{900AM}

www.runsignup.com/nunrun

Back by popular demand, join us for the 8th annual Nun Run to support the children's programs of the Ursuline Sisters HIV/AIDS Ministry & Ursuline Preschool & Kindergarten. Join us in-person or virtually for either the kids run, 1 mile walk, or a 5k.

Pre-Register before October 1:

5k/1 Mile - \$30 per person, Kids Run - Free

Day of Registration

5k/ 1 Mile - \$35 per person, Kids Race - Free

All entries (in-person & virtual) completed after Friday, September 16th will not be guaranteed a t-shirt.

<u>Virtual Participants</u>

- □ 5k/1 Mile \$30 per person, Kids Race Free
- ☐ Sign up online and complete the race anytime between October 1 15
 Submit your time to losh@SecondSoleObjo com and upload your photos
- □ Submit your time to Josh@SecondSoleOhio.com and upload your photos to our social media pages!
- □ Race Packets can be mailed to you for a \$5 fee, or can be picked up by appointment at 4280 Shields Road in Canfield (the Ursuline Center).

REGISTER ONLINE

www.runsignup.com/nunrun

or

MAIL PAYMENT & REGISTRATION

The Ursuline Center Attn: NUN RUN 4280 Shields Road Canfield, Ohio 44406

Please make checks payable to:
The Ursuline Center

Questions:

Contact us at 330-793-0434 or

mvoitus@ursulineministries.org





2022 NUN RUN REGISTRATION FORM

Add me to Ursuline Preschool & Kindergarten mailing list I know that running/walking a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Nun Run (5k Run and 1 Mile Walk), the Ursuline Center, the Ursuline Sisters of Youngstown, the Ursuline Preschool & Kindergarten, and the Ursuline Sisters HIV/AIDS Ministry, the race committee and race organizers, the city of Canfield, Second Sole, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I confirm that I am 18 yea	In-Person (October 1) Virtually (Oct	tober 1 - 15) 1 Mile Walk 5K Race
Address: City: State:	Who are you supporting: HIV/AIDS Ministry	Ursuline Preschool & Kindergarten Both
Zip Code: Phone Number: Gender: M F Birth Date: Age (on race day):	First Name:	Last Name:
Birth Date:	Address:	City: State:
Email Address: T-Shirt Size (Men's Sizes): S	Zip Code: Phone Number:	Gender: M F
T-Shirt Size (Men's Sizes): \$\	Birth Date:	Age (on race day):
Do you have any children participating in the Kids Run:	Email Address:	
Kids Name: Kids Age: How Many Kids: Kids Age: At How Many Kids: Kids' shirt size(s) & number you need: XS S M L L XL To be guaranteed a t-shirt, must be received by 9/16/22 VIRTUAL PARTICIPANTS Would you like your t-shirt mailed to you? Yes No I will schedule & pick up Please don't forget to add \$5 to your total if you would like your t-shirt mailed and sending registration by check. Part of a Team: Yes No If So, what is the name of your team? Yes No Please indicate if there is an Ursuline Sister that you would like to run in honor of (Note: If you have no preference, then there will be one assigned to you; requests will be made on a first come, first served basis): If you are participating in the 1 Mile Walk, is there a nun who you would like to walk in honor or in memory of? Add me to Ursuline Sisters HIV/AIDS Ministry mailling list would you like to be added? Add me to Ursuline Preschool & Kindergarten mailing list would participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation in this event, including the right of any official to deny or suspend my participation in this event, including the right of any official to deny or suspend my participation in this event, including the right of any official to deny or suspend my participation in mile would such as a potentially have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including the right of any official to deny or suspend my participation in my reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including the right of any official to deny or suspend my participation in this even	T-Shirt Size (Men's Sizes): S M M To be guaranteed a t-shirt, must be received by 9/16/22	L
Kids' shirt size(s) & number you need:	Do you have any children participating in the Kids	Run: Yes No
VIRTUAL PARTICIPANTS Would you like your t-shirt mailed to you? Please don't forget to add \$5 to your total if you would like your t-shirt mailed and sending registration by check. Part of a Team: Yes No If so, what is the name of your team? If you are participating in the \$5k race, are you willing to "Run for a Nun" this year? Please indicate if there is an Ursuline Sister that you would like to run in honor of (Note: If you have no preference, then there will be one assigned to you; requests will be made on a first come, first served basis): If you are participating in the \$1 Mile Walk, is there a nun who you would like to walk in honor or in memory of? If you are participating in the \$1 Mile Walk, is there a nun who you would like to walk in honor or in memory of? If you are not already on the mailing list would you like to be added? Add me to Ursuline Sisters HIV/AIDS Ministry mailing list Add me to Ursuline Preschool & Kindergarten mailing list I know that running/walking a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained, and by my signature, I certify that I am medically able to perform this event, participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and appreciated by me. I nadsread when the running in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I lane read to the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and release the Nun Run (S	Kids Name:	Kids Age: How Many Kids:
Would you like your t-shirt mailed to you? Please don't forget to add \$5 to your total if you would like your t-shirt mailed and sending registration by check. Part of a Team: Yes No If so, what is the name of your team? If you are participating in the 5k race, are you willing to "Run for a Nun" this year? Yes No Please indicate if there is an Ursuline Sister that you would like to run in honor of (Note: If you have no preference, then there will be one assigned to you; requests will be made on a first come, first served basis): If you are participating in the 1 Mile Walk, is there a nun who you would like to walk in honor or in memory of? If you are participating in the 1 Mile Walk, is there a nun who you would like to walk in honor or in memory of? Add me to Ursuline Sisters HIV/AIDS Ministry mailing list would you like to be added? Add me to Ursuline Preschool & Kindergarten mailing list and medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participant for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humiding, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, bably joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Nun Run (5k Run and I Mile Walk), the	Kids' shirt size(s) & number you need: XS To be guaranteed a t-shirt, must be received by 9/16/22	S M L XL
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	participate unless I am medically able and properly trained, and am in good health, and I am properly trained. I agr participation in this event, including the right of any official have read the rules of the race and agree to abide by the limited to: falls, contact with other participants, the effects of the road, all such risks being known and appreciated by n blades, animals, and personal music players are not allow knowing these facts and in consideration of your accepting release the Nun Run (5k Run and 1 Mile Walk), the Urst Kindergarten, and the Ursuline Sisters HIV/AIDS Ministry, the Road Runners Club of America, all event sponsors, their out of my participation in this event, even though that liah named in this waiver. I grant permission to all of the foregoth is event for any legitimate purpose. I confirm that I amparent/guardian to participate in this event. I understand the I agree to the above waiver.	d, and by my signature, I certify that I am medically able to perform this event, ree to abide by any decision of a race official relative to any aspect of my I to deny or suspend my participation for any reason whatsoever. I attest that I em. I assume all risks associated with running in this event, including but not of the weather, including high heat and/or humidity, traffic and the conditions me. I understand that bicycles, skateboards, baby joggers, roller skates or roller wed in the race and I will abide by all race rules. Having read this waiver and my entry, I, for myself and anyone entitled to act on my behalf, waive and suline Center, the Ursuline Sisters of Youngstown, the Ursuline Preschool & the race committee and race organizers, the city of Canfield, Second Sole, and representatives and successors from all claims or liabilities of any kind arising ability may arise out of negligence or carelessness on the part of the persons bing to use my photographs, motion pictures, recordings or any other record of 18 years or older and, if I am under the age of 18, I have the consent of my that this event will be held rain or shine, and there are no refunds.