



2020 Virtual Nun Run 5K 1 Mile Walk & Kids' Run!

**PROCEEDS
FROM THIS RACE
WILL BENEFIT THE
CHILDREN'S PROGRAM
OF THE URSULINE SISTERS
HIV/AIDS MINISTRY AND
URSULINE PRESCHOOL
& KINDERGARTEN**

NOVEMBER 2020

**RUN OR WALK ANYWHERE
ON ANY DAY YOU WOULD LIKE
BETWEEN NOVEMBER 1ST - NOVEMBER 30TH**

**BACK BY POPULAR DEMAND!
RUN FOR A NUN**

If you participate in the 5k race, you can sign up to run in honor of an Ursuline Sister. If you win the race, the Sister will receive \$25 to donate to the charity of her choice.

**ONLINE REGISTRATION:
www.racesignup.com/nunrun
OR**

MAIL PAYMENT & COMPLETED REGISTRATION TO:
Ursuline Center
Attn: Daniel Wakefield
4280 Shields Road
Canfield, Ohio 44406

PLEASE MAKE CHECKS PAYABLE TO:
The Ursuline Center

QUESTIONS:

contact Dan at: 330-770-3061,
or by email: dwakefield@UrsulineSistersAIDS.org

HOW IT WORKS

**RUN YOUR OWN RACE AT YOUR OWN PACE!
RUN - JOG - WALK - HIKE**

**PARTICIPATE FROM ANY LOCATION YOU CHOOSE
ROAD - TRAIL - TREADMILL - TRACK**

**JUST COMPLETE YOUR RACE DURING THE MONTH OF
NOVEMBER, THEN SUBMIT YOUR TIME TO
JOSH@SECONDSOLEOHIO.COM,
TIMES WILL BE UPLOADED TO OUR RACE WEBSITE DAILY.
RUNSIGNUP.COM/NUNRUN**

**MAKE SURE TO TAKE PHOTOS AND UPLOAD THOSE TO
OUR FACEBOOK PAGES AS WELL!
FACEBOOK.COM/HIVAIDSMINISTRY
FACEBOOK.COM/URSULINEPRESCHOOLANDKINDERGARTEN**

- ENTRY FEE: \$25 (MUST BE RECEIVED BY SATURDAY, OCTOBER 31ST).**
- IN ORDER TO BE GUARANTEED A T-SHIRT, ENTRY MUST BE RECEIVED BY WEDNESDAY, OCTOBER 7TH.**
- THERE IS NO ENTRY FEE FOR THE KIDS' RUN.**
- T-SHIRTS: CAN BE MAILED TO YOU IN LATE OCTOBER FOR A \$5 FEE, OR CAN BE PICKED UP BY APPOINTMENT IN LATE OCTOBER AT 4280 SHIELDS ROAD IN CANFIELD (THE URSULINE CENTER).**

SEE REVERSE FOR PAPER REGISTRATION INFO →

THE 2020 VIRTUAL NUN RUN REGISTRATION FORM

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____

Zip Code: _____ Phone Number: _____ Sex M F

Birth Date: _____ Age (as of November 30, 2020): _____

Email Address: _____ Running to support: UPSK HIV/AIDS

T-Shirt Size (Men's Sizes): S M L XL 2XL 3XL 4XL

To be guaranteed a t-shirt, must be received by 10/7/20

Which event will you be participating in? 1 Mile Walk 5k Race

Are you part of a team? _____ If so, what is the name of your team? _____

A small prize will be awarded for the largest team

How many children will be participating in the Kids' Run? _____

Kids' shirt size(s) & number you need: XS S M L XL

To be guaranteed a t-shirt, must be received by 10/7/20

If you are participating in the **5k race**,
are you willing to "Run for a Nun" this year?

Yes No

Please indicate if there is an Ursuline Sister that you would like to run in honor of (Note: If you have no preference, then there will be one assigned to you; requests will be made on a first come, first served basis):

If you are participating in the 1 Mile Walk, is there a nun who you would like to walk in honor or in memory of? _____

If you are not already on the mailing list would you like to be added?

Add me to Ursuline Sisters HIV/AIDS Ministry mailing list

Add me to Ursuline Preschool & Kindergarten mailing list

I know that running/walking a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Nun Run (5k Run and 1 Mile Walk), the Ursuline Center, the Ursuline Sisters of Youngstown and the Ursuline Sisters HIV/AIDS Ministry, the race committee and race organizers, the city of Canfield, Second Sole, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I confirm that I am 18 years or older and, if I am under the age of 18, I have the consent of my parent/guardian to participate in this event. I understand that this event will be held rain or shine, and there are no refunds.

I agree to the above waiver.

Signature: _____

Date: _____

Parent/Guardian Signature (if under 18): _____